## **Prevent Fleas and Ticks**

Ask your vet if chewable flea and tick medication is an option for your pet.

Chewable flea and tick medications may be a preferable alternative to topical treatments. Pesticides in spot-on treatments, collars, sprays, and foggers transfer onto you and indoor surfaces around your home. When washing pets, bedding, clothing, and your hands, these pesticides go down the drain and impact San Francisco Bay water quality.

Speak to your vet about using oral medications to control fleas and ticks. Visit **baywise.org** for more information for you and your vet, and to learn how to safely dispose of expired pet medications. See the back for medication drop-off locations in Palo Alto.

The best defense is a good offense. Follow these tips to help reduce flea and tick problems before they start:

 Fleas: regularly vacuum floors, furniture, pet bedding and other fabrics. Use a flea comb dipped in soapy water to capture fleas.

 Ticks: regularly groom and inspect your pet for ticks and keep them out of tall grasses and shrubs.

To learn more about watershed protection, visit **cleanbay.org** or call 650.329.2122.

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