

1.a. Do you eat fish caught from San Francisco Bay? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> I Don't Know.
1.b. Do you or someone in your family fish? <input type="checkbox"/> Yes, who _____ <input type="checkbox"/> No <input type="checkbox"/> I Don't Know.
2.a. Are you male or female? <input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> O 2.b. How old are you? <input type="checkbox"/> Under 18 <input type="checkbox"/> 18-45 <input type="checkbox"/> 46 or older
<b>3a. Are you pregnant or is someone in your household pregnant?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> I Don't Know
<b>3b. Do you have children?</b> Age 0-5 years _____ Age 6-11 years _____ Age 12-17 years _____
Are you receiving: CalFresh _____ WIC _____ Medi-Cal _____
Other Food Program : _____

**Test Questions: Circle the best answers. (answers are in bold)**

1. How much striped bass, jacksmelt, or California halibut can women over 45 and men over 17 safely eat from San Francisco Bay?
  - a. None
  - b. 2 servings/week**
  - c. 5 serving/week
  - d. 7 servings/week
  
2. What type of San Francisco Bay fish has low levels of contaminants, high levels of omega-3s, and can be eaten 2 times per week by sensitive populations?
  - a. Chinook (king) salmon**
  - b. White croaker
  - c. Shark
  - d. Sturgeon
  
3. Which type or types of San Francisco Bay fish should not be eaten by anyone?
  - a. Brown rockfish
  - b. Jacksmelt
  - c. Surfperches**
  - d. Halibut
  
4. How can you prepare fish to reduce the amount of PCBs?
  - a. Soak fillet in milk overnight before cooking
  - b. Remove and discard the skin**
  - c. Cook a high temperature (>400°F)
  - d. Don't know
  
5. Protect children's health by:
  - a. Choosing less-toxic products
  - b. Eating the right foods
  - c. Keeping the air free of pollutants
  - d. All of the above**
  

- 6. A) Lead is a poison that may seriously affect:
  - a. Heath
  - b. learning ability
  - c. behavior
  - d. All of the above**

- 6.B) Lead can be found in:
  - a. Painted toys, furniture, and toy jewelry
  - b. Soil, yards and playgrounds
  - c. Older Homes & Buildings (before 1978)
  - d. Plumbing products, drinking water
  - e. All of the Above**

## San Francisco Bay Advisory Fish Species

shiner perch



walleye surfperch



Surfperches

striped seaperch



black perch



and other surfperches

White Croaker



Leopard shark (and other sharks)



Sturgeon



Striped Bass



Jacksmelt



Chinook (King) Salmon



Brown Rockfish



California Halibut



## Population Screening Tool

Food security: A person, household or community, region or nation is food secure when all members at all times have physical and economic access to buy, produce, obtain or consume sufficient, safe and nutritious food to meet their dietary needs and food preferences for a healthy and active life.

Food Security is based on: Food Availability, Food Access, and Food Utilization.

Survey # \_\_\_\_\_ Participant Initials: \_\_\_\_\_  
 ZIPCODE \_\_\_\_\_ Ethnicity \_\_\_\_\_  
 # of People in Household \_\_\_\_\_

Household Income:

\$0 to \$13,520		\$64,601 to 77,550	
\$13,521 to \$25,850		\$77,551 to \$86,150	
\$25,851 to 43,100		\$86,151 to 129,250	
\$43,101 to \$51,700		\$129,251 to \$172,300	
\$51,701 to \$64,600		\$172,301+	

Source of Household Income: \_\_\_\_\_

1. Within the past 12 months, we worried whether our food would run out before we got money to buy more.  
 Often True     Sometimes True     Rarely True     Never True
  
2. Within the past 12 months, the food we bought just didn't last and we didn't have the money to get more.  
 Often True     Sometimes True     Rarely True     Never True

3.a. Do you eat fish caught from San Francisco Bay? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> I Don't Know.
1.b. Do you or someone in your family fish? <input type="checkbox"/> Yes, who _____ <input type="checkbox"/> No <input type="checkbox"/> I Don't Know.
4.a. Are you male or female? <input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> O    2.b. How old are you? <input type="checkbox"/> Under 18 <input type="checkbox"/> 18-45 <input type="checkbox"/> 46 or older
<b>3a. Are you pregnant or is someone in your household pregnant?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> I Don't Know
<b>3b. Do you have children?</b> Age 0-5 years _____ Age 6-11 years _____ Age 12-17 years _____
Are you receiving: CalFresh _____ WIC _____ Medi-Cal _____
Other Food Program : _____